

**Claims**

1) A pillow comprising:

an inflatable cushion having a top surface and an opposite bottom surface and an interior volume between the top surface and the bottom

5 surface;

the interior volume having a sealed forward section between the top surface and the bottom surface;

the interior volume having a sealed rearward section between the top surface and the bottom surface, the rearward section being adjacent the forward section and being sealed from the forward section;

the interior volume having a sealed left side section between the top surface and the bottom surface, the left side section being adjacent the forward section and the rearward section and being sealed from the forward section and the rearward section; and,

15 the interior volume having a sealed right side section between the top surface and the bottom surface, the right side section being adjacent the forward section and the rearward section and being sealed from the forward section and the rearward section, the right side section being on an opposite side of the interior volume from the left side section.

20 2) The pillow of Claim 1, further comprising:

the interior volume consisting essentially of the forward section, the rearward section, the left side section, and the right side section.

3) The pillow of Claim 1, further comprising:

the top surface being formed with a plurality of upwardly projecting air cells.

4) The pillow of Claim 1, further comprising:

the left side section and the right side section of the interior volume

5 being in fluid communication with each other.

5) The pillow of Claim 4, further comprising:

a single valve on the pillow communicating with the left side section and the right side section of the interior volume.

6) The pillow of Claim 1, further comprising:

10 a forward section valve for controlling a fluid pressure in the forward section of the interior volume; and,

a rearward section valve for controlling a fluid pressure in the rearward section of the interior volume.

7) The pillow of Claim 6, further comprising:

15 a side section valve for controlling a fluid pressure in at least one of the left side section and the right side section of the interior volume.

8) The pillow of Claim 1, further comprising:

the left side section and the right side section of the interior volume having equal volumes.

20 9) A pillow of Claim 1, comprising:

the rearward section of the interior volume having a volume that is larger than a volume of the forward section of the interior volume.

10) The pillow of Claim 1, further comprising:

a portion of the top surface above the forward section of the interior volume being elevated above a portion of the top surface above the rearward section of the interior volume.

11) The pillow of Claim 1, further comprising:

5 positions of the top surface above the left side section and above the right side section of the interior volume being elevated above a portion of the top surface above the rearward section of the interior volume.

12) The pillow of Claim 1, further comprising:

each of the forward section, the rearward section, the left side section,  
10 and the right side section having a rectangle configuration.

13) A pillow comprising:

an inflatable cushion having a top surface and an opposite bottom surface and an interior volume between the top surface and the bottom surface;

15 the top surface having a forward area portion;

the top surface having a rearward area portion adjacent the forward area portion, the forward area portion being elevated above the rearward area portion;

the top surface having a left side area portion adjacent the forward area portion and the rearward area portion, the left side area portion being  
20 elevated above the rearward area portion; and,

the top surface having a right side area portion adjacent the forward area portion and the rearward area portion, the right side area portion being

elevated above the rearward area portion, the right side area portion being on an opposite side of the top surface from the left side area portion.

14) The pillow of Claim 13, further comprising:

the top surface consisting essentially of the forward area portion, the  
5 rearward area portion, the left side area portion, and the right side area  
portion.

15) The pillow of Claim 13, further comprising:

the top surface being formed with a plurality of upwardly projecting  
cells.

10 16) The pillow of Claim 13, further comprising:

the left side area portion and the right side area portion of the top  
surface being equally elevated above the rearward area portion of the top  
surface.

17) The pillow of Claim 13, further comprising:

15 the rearward area portion being larger than the forward area portion.

18) The pillow of Claim 13, further comprising:

the left side area portion and the right side area portion being equal  
areas.

19) The pillow of Claim 18, further comprising:

20 the left side area portion and the right side area portion each being  
larger than the forward area portion of the top surface.

20) The pillow of Claim 13, further comprising:

the forward area portion, the rearward area portion, the left side area portion, and the right side area portion each having a rectangular configuration.